

# EDUCATE YOURSELF, SUPPORT OTHERS

*Learn about changes that may occur with aging to empower yourself and support others*



## FREE COMMUNITY TRAINING

Topic #1: **Is it Dementia, Depression or Delirium? How can you tell?**

Topic #2: **Are you Managing Your Meds or Are Your Meds Managing You?**

**Monday, Oct. 14, 2019 - 1:30 to 3:45 p.m.**

Pleasant Senior Center, Multipurpose Room

1480 Lay Street, Winnemucca, NV

Sign-in starts at 1:00 p.m.

*This program is funded in partnership with Nevada Aging and Disability Services Division.*

The Nevada Geriatric Education Center is part of the Sanford Center for Aging and offers educational programs for health care professionals, faculty, students, care partners and anyone interested in learning more about how to provide care and support for elders.

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Please submit the attached registration form at least one week before training.

For more information, or to **request respite services**, contact Dolores M. Ward Cox:

**(775) 682-8470 | [dmwardcox@unr.edu](mailto:dmwardcox@unr.edu)**



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## REGISTRATION FORM

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Name:  Mr.  Ms.  Mrs. \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Mailing Address (if different from above): \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_

**During the last year, have you assisted an older adult in any way? Drove them to the store, bank, doctor, etc.; did an errand for them (i.e., brought them something from the store, assisted with taking their trash can to/from the curb); or performed any other act of service?**

Yes  No

**How did you hear about this training?**

Local Newspaper  Email  Senior Center  Friend/Family/Neighbor  Other \_\_\_\_\_

**Will you need respite care services / someone to care for your loved one while you attend this training?**

Yes  No

Please submit registration form at least one week prior to training.

Submit to: [dmwardcox@unr.edu](mailto:dmwardcox@unr.edu) or fax to: (775) 784-1814

If you have questions about the program, call Dolores M. Ward Cox at (775) 682-8470.

You may also complete the registration online:

[https://unrmed.formstack.com/forms/rural\\_trainings](https://unrmed.formstack.com/forms/rural_trainings)