

Chair & County Health Officer,

Dr. Charles Stringham

Board Members,

Ken Tipton, County Commission Chair

Marlene Brissenden, County Commissioner

Jim French, County Commissioner

Ron Cerri, County Commissioner

Mike Bell, County Commissioner

Mike Allen, Humboldt County Sheriff

Humboldt County Health Board

Humboldt County Courthouse
50 West Fifth Street Room 205
Winnemucca, Nevada 89445



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FOR IMMEDIATE RELEASE

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TWO MORE COVID-19 CASES RAISE HUMBOLDT COUNTY'S TOTAL TO 11

WINNEMUCCA, Nev.— Humboldt County has been notified of two more positive confirmations of coronavirus disease 2019 (COVID-19), bringing the county's total to 11.

Based on available information, close contacts of the two newest cases are being identified or have been notified and are following self-isolation procedures to prevent community spread of the virus.

Brief summary information follows:

- Case 10 – A man in his 50s, who had close contact with previously reported cases. He is self-isolating at home.
- Case 11 – A woman in her 20s, known to be a close contact of a previously reported case. She is self-isolating at home.

Of the nine previously reported cases, four remain hospitalized and five are self-isolating at home.

Humboldt County Health Officer Charles Stringham said it's important for the public to understand the serious nature of COVID-19 and its potential to spread. He said it's also important for the community to understand they have the power to control and end this threat.

"If every person were to practice strict social distancing, hand washing, and cleaning of items handled by others, then it's likely that no one else would become infected," he said. "It's that simple."

Dr. Stringham added, "We need a total commitment from everyone. If only some people do this, then our community will continue to have more new cases."

Dr. Stringham reiterated:

- Stay home to protect others.
- Practice everyday preventive actions to help prevent the spread of respiratory viruses:
 - Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.

- Avoid touching eyes, nose, and mouth.
- Cover coughs and sneezes with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Stay informed. The COVID-19 situation is changing frequently. Up-to-date information is available on the Centers for Disease Control and Prevention (CDC) website at www.cdc.gov/coronavirus/2019-ncov/index.html.

Local residents who have mild fever, cough, or other respiratory symptoms should go to Humboldt General Hospital's West Campus screening clinic, located at 51 E. Haskell Street; the clinic is open daily from 8 a.m. to 5 p.m. Senior residents should call the clinic first at (775) 623-5222, ext. 1379, so staff may direct their arrival.

Anyone who is experiencing severe respiratory distress should proceed immediately to the HGH Emergency Department. For complete guidance, please visit www.hghospital.org.

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