

Chair & County Health Officer,

Dr. Charles Stringham

Board Members,

Ken Tipton, County Commission Chair

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Jim French, County Commissioner

Ron Cerri, County Commissioner

Mike Bell, County Commissioner

Mike Allen, Humboldt County Sheriff

Humboldt County Health Board

Humboldt County Courthouse
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FOR IMMEDIATE RELEASE

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HUMBOLDT COUNTY CONFIRMS NEWEST COVID-19 CASE, BRINGING TOTAL TO 81

WINNEMUCCA, Nev. — Humboldt County has been notified of one more positive case of coronavirus disease 2019 (COVID-19), bringing the county's total to 81.

In all, Humboldt General Hospital has tested 1,015 people; 24 results are pending.

Seventy-four of the cases were identified through Humboldt General Hospital, one was identified through community-based screening, and six were confirmed out of area.

Based on available information, close contacts of the newest case are being identified or have been notified and are following self-isolation procedures to prevent community spread of the virus.

Brief summary information follows:

- Case 81 – A woman in her 70s, whose case remains under investigation. She is self-isolating at home.

Of the 80 previously reported cases, 72 have recovered, three are self-isolating at home, one is hospitalized and four have passed away. Humboldt County currently has five active cases.

Humboldt County Health Officer Charles Stringham, MD, reissued a familiar warning against what he has termed "COVID complacency."

"I know people are tiring of reminders to wear masks and to socially distance," he said, "but if we do not do the right things then the virus will remain in control."

In addition to the known preventive measures, Dr. Stringham reminded residents to get tested for the virus if they have been exposed to someone they believe is infectious, or if they begin experiencing COVID-like symptoms.

"Testing is critical to knowing where the virus is and what resources we need to slow its spread," he said.

COVID-19 symptoms can include fever, cough, shortness of breath, chills, fatigue, muscle pain,

headache, sore throat, new loss of taste or smell, upset stomach or diarrhea, and/or severe respiratory illness.

Screening for COVID-19 is provided at Humboldt General Hospital's Suite C Clinic, which may be accessed from the ramp entrance on Mizpah Street in Winnemucca. Residents should call (775) 623-5222, ext. 1379, to alert staff and then wait for assistance. The screening clinic is open from 8 a.m. to 5 p.m. Monday through Friday, and closed for lunch from noon to 1 p.m.

Anyone who is experiencing severe respiratory distress should proceed immediately to the HGH Emergency Department. For complete guidance, please visit the hospital's [website](#).

To help fight COVID-19, please:

- Stay home to limit exposure, and wear a mask if going out in public is necessary.
- Maintain 6 feet of distance from other people at all times.
- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid visiting sick people or those who are self-isolating.
- Avoid touching eyes, nose, and mouth.
- Cover coughs and sneezes with a tissue, and throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Stay informed. The COVID-19 situation is changing frequently. Up-to-date information is available on the Centers for Disease Control and Prevention (CDC) [website](#).

Local COVID-19 information is available in Spanish @CovidEspanol. Humboldt County COVID-19 updates and information are available in English at @HumboldtCountyNV and @StopHumboldtCoronavirus.

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