

Chair & County Health Officer,

Dr. Charles Stringham

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Jim French, County Commissioner

Ron Cerri, County Commissioner

Mike Bell, County Commissioner

Mike Allen, Humboldt County Sheriff

Humboldt County Health Board

Humboldt County Courthouse
50 West Fifth Street Room 205
Winnemucca, Nevada 89445



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FOR IMMEDIATE RELEASE

Contact: Nicole Maher, PIO
Humboldt County Health Board
Phone: (775) 761-2624
Email: nicole@winnemucca.net

HUMBOLDT COUNTY NOW AT 95 TOTAL COVID-19 CONFIRMATIONS

WINNEMUCCA, Nev.— Humboldt County has been notified of two more positive cases of coronavirus disease 2019 (COVID-19), raising Humboldt County's total to 95.

Eighty-four of Humboldt County's cases were identified through Humboldt General Hospital, one was identified through community-based screening, and 10 were confirmed out of area.

Earlier today, the Fort McDermitt Paiute Shoshone Tribe was notified of four more cases that were confirmed through the Fort McDermitt Wellness Center, raising the tribe's total to 25.

Based on available information, close contacts of the newest Humboldt County cases are being identified or have been notified and are following self-isolation procedures to prevent community spread of the virus.

Brief summary information of Humboldt County's latest cases follows:

- Case 95 – A woman in her 20s, who is a close contact of a previously reported case. She is self-isolating at home.
- Case 94 – A man in his 20s, whose case remains under investigation. He is self-isolating at home.

Of the previous 93 cases, 85 have recovered, four are self-isolating and four have died; Humboldt County has six active cases.

Humboldt County Health Officer Charles Stringham, MD, continues to remind local residents to seek out testing if they experience COVID-like symptoms, or if they believe they have been exposed to the virus.

The most common symptoms include fever or chills, cough, shortness of breath or difficulty breathing, muscle pain or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and/or diarrhea.

“One of the main reasons we want to know if people have confirmed positive for the virus is so we can remain aware of their condition,” said Dr. Stringham. “For some people, the virus can take a somewhat unpleasant, though largely mild form; for others, it can turn severe very quickly.”

He added, “If we are able to check on people throughout their illness, we can ensure they are progressing toward recovery and not toward a health emergency.”

Dr. Stringham said persons who experience more serious viral symptoms such as trouble breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay away, and/or bluish lips or face, should seek medical attention immediately.

From 10 a.m. to 2 p.m. Sunday, July 26, the Nevada National Guard will facilitate a drive-thru community testing at the Fort McDermitt Indian Reservation. All Humboldt County residents are invited to be tested free of charge.

The Humboldt General Hospital Screening Clinic continues to test both symptomatic and asymptomatic residents from 8 a.m. to 5 p.m. Monday through Friday. The clinic may be accessed from the ramp entrance on Mizpah Street. Residents should call (775) 623-5222, ext. 1379, to alert staff and then wait for assistance.

The Office of the Humboldt County Community Health Nurse also is offering testing to asymptomatic persons with no known exposure. For more information or to make an appointment, please call the clinic at (775) 623-6575.

To prevent the spread of COVID-19 in Humboldt County, please:

- Stay home to limit exposure, and wear a mask if going out in public is necessary.
- Maintain 6 feet of distance from other people at all times.
- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid visiting sick people or those who are self-isolating.
- Avoid touching eyes, nose, and mouth.
- Cover coughs and sneezes with a tissue, and throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Self-isolate if they have had a known exposure, or if they are awaiting COVID-19 test results.
- Stay informed. The COVID-19 situation is changing frequently. Up-to-date information is available on the Centers for Disease Control and Prevention (CDC) [website](#).

Free cloth masks are available to community members at the Olsen’s and Ridley’s pharmacies, courtesy of the Mucca Mask Makers, or by messaging the group on Facebook @Mucca Mask Makers.

Local COVID-19 information is available in Spanish @CovidEspanol. Humboldt County COVID-19 updates and information are available in English at @HumboldtCountyNV and @StopHumboldtCoronavirus.

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