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Dr. Charles Stringham

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Mike Bell, County Commissioner

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Humboldt County Health Board

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FOR IMMEDIATE RELEASE

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HUMBOLDT COUNTY REPORTS 166 TOTAL CONFIRMATIONS, 35 ACTIVE CASES

WINNEMUCCA, Nev.— Humboldt County has been notified of eight more positive cases of coronavirus disease 2019 (COVID-19), raising the county's total to 166.

Overall, 133 of Humboldt County's cases were identified through Humboldt General Hospital, one was identified through community-based screening, eight were identified through the Golden Valley Medical Center, 10 were identified through testing at the Ridley's Pharmacy, and 14 were confirmed out of area.

In addition, the Office of the Humboldt County Community Health Nurse has completed 60 tests, with 58 negative and two results pending. Any positives through the Community Health Nurse are reported as part of Humboldt County's total number of cases.

The Fort McDermitt Paiute Shoshone Tribe is reporting 107 total cases; 90 were confirmed through the Fort McDermitt Wellness Center, eight were tested out of area, while eight were tested through the National Guard community-based testing on July 26. In all, Fort McDermitt has completed 1,140 tests, 100 people have recovered, one person has died, and the tribe has six active cases.

Based on available information, close contacts of the newest Humboldt County cases are being identified or have been notified and are following self-isolation procedures to prevent community spread of the virus.

Brief summary information of Humboldt County's latest cases follows:

- Case 166 – A man in his 20s, who had close contact with a previously reported case. He is self-isolating at home.
- Case 165 – A woman in her 50s, whose case remains under investigation. She is self-isolating at home.
- Case 164 – A male child, who is a close contact of a previously reported case. He is self-isolating at home.
- Case 163 – A woman in her 20s, whose case remains under investigation. She is self-isolating at home.
- Case 162 – A woman in her 50s, whose case remains under investigation. She is self-isolating at home.

- Case 161 – A woman in her 20s, who is a close contact of a previously reported case. She is self-isolating at home.
- Case 160 – A male (no age provided) whose case remains under investigation. He is self-isolating.
- Case 159 – A male (no age provided) whose case remains under investigation. He is self-isolating.

Of the previous 158 cases, 127 have recovered, 23 are self-isolating, four are hospitalized, and four have died; Humboldt County has 35 active cases.

Tuesday, October 20, Nevada Governor Steve Sisolak provided an update on Nevada’s COVID-19 response efforts. The governor said while there has been a significant trend in new cases of COVID-19 in Nevada in recent weeks, the state will not be imposing any new restrictions at this time.

The governor reminded state residents that “the enemy is the disease, not each other,” even as he urged Nevadans to unite, wear masks and practice social distancing.

Although Nevada is in the “red zone” for new coronavirus cases (more than 100 new cases per 100,000 residents) the governor added, “We are not hopeless. We have the power to change the trajectory. You have the power to change the trajectory.”

Humboldt County Health Officer Charles Stringham, MD, agreed that Nevada—and Humboldt County with its own increase in cases—is not hopeless.

“As we look back at our own data, we know what works in this county: when we are careful about gathering, when we consistently wear masks, and when we try to distance socially, we have seen our numbers go down.”

Dr. Stringham urged local residents to be vigilant in continuing to do the things that will help curb Humboldt County’s latest increase. “When we do the right things, we get the right results,” he said.

As a reminder, he encouraged those who believe they have been exposed to the virus, or who are beginning to show symptoms, to be tested as soon as possible. “That’s also a crucial part of mitigating the virus’s spread.”

To prevent the spread of COVID-19 in Humboldt County:

- Stay home to limit exposure, and wear a facial covering if going out in public is necessary.
- Maintain 6 feet of distance from other people at all times.
- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid visiting sick people or those who are self-isolating.
- Avoid touching eyes, nose, and mouth.
- Cover coughs and sneezes with a tissue, and throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Self-isolate if they have had a known exposure, or if they are awaiting COVID-19 test results.
- Stay informed. The COVID-19 situation is changing frequently. Up-to-date information is available on the Centers for Disease Control and Prevention (CDC) [website](#).

The Humboldt General Hospital Screening Clinic has moved to the HGH West Campus, located at 51 E. Haskell Street. From 8 a.m. to 4:30 p.m. Monday through Friday, the clinic offers drive-thru screening for

asymptomatic and symptomatic persons with a doctor's order only. Those who are experiencing severe COVID-like symptoms should go directly to the HGH Emergency Department.

The Office of the Humboldt County Community Health Nurse also is offering testing to asymptomatic persons with no known exposure. For more information or to make an appointment, residents may call the clinic at (775) 623-6575.

Free cloth masks are available to community members at the Olsen's and Ridley's pharmacies, courtesy of the Mucca Mask Makers, or by messaging the group on Facebook @Mucca Mask Makers.

Local COVID-19 information is available in Spanish @CovidEspanol. Humboldt County COVID-19 updates and information are available in English at @HumboldtCountyNV and @StopHumboldtCoronavirus.

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