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Humboldt County Health Board

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FOR IMMEDIATE RELEASE

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HUMBOLDT COUNTY REPORTS 242 TOTAL CONFIRMATIONS, 60 ACTIVE CASES

WINNEMUCCA, Nev.— Humboldt County has been notified of 13 more positive case of coronavirus disease 2019 (COVID-19), raising the county's total to 242.

Overall, 189 of Humboldt County's cases were identified through Humboldt General Hospital, one was identified through community-based screening, 13 were identified through the Golden Valley Medical Center, 20 were identified through testing at the Ridley's Pharmacy, and 19 were confirmed out of area.

In addition, the Office of the Humboldt County Community Health Nurse has completed 65 tests. Any positives through the Community Health Nurse are reported as part of Humboldt County's total number of cases.

The Fort McDermitt Paiute Shoshone Tribe is reporting 124 positive cases; 108 were confirmed through the Fort McDermitt Wellness Center, eight were tested out of area, and eight were tested through the National Guard community-based testing on July 26. In all, Fort McDermitt has completed 1,566 tests, 113 people have recovered, one person has died, and the tribe has 10 active cases.

Based on available information, close contacts of the newest Humboldt County cases are being identified or have been notified and are following self-isolation procedures to prevent community spread of the virus.

Brief summary information of Humboldt County's latest cases follows:

- Case 242 – A woman in her 80s, whose case remains under investigation. She is self-isolating at home.
- Case 241 – A female teen, whose case remains under investigation. She is self-isolating at home.
- Case 240 – A woman in her 60s, whose case remains under investigation. She is self-isolating at home.
- Case 239 – A woman in her 30s, whose case remains under investigation. She is self-isolating at home.
- Case 238 – A woman in her 80s, whose case remains under investigation. She is self-isolating at home.

- Case 237 – A female teen, whose had contact with a previously reported case. She is self-isolating at home.
- Case 236 – A woman in her 40s, whose case remains under investigation. She is self-isolating at home.
- Case 235 – A man in his 30s, whose case remains under investigation. He is self-isolating at home.
- Case 234 – A man in his 40s, who is a close contact of a previously reported case. He is self-isolating at home.
- Case 233 – A woman in her 40s, whose case remains under investigation. She is self-isolating at home.
- Case 232 – A woman in her 30s, whose case remains under investigation. She is self-isolating at home.
- Case 231 – A woman in her 60s, whose case remains under investigation. She is self-isolating at home.
- Case 230 – A man in his 70s, whose case remains under investigation. He is self-isolating at home.

Of the previous 229 cases, 178 have recovered, 47 are self-isolating and four have died; Humboldt County has 60 active cases.

The United States reported its 11 millionth confirmed case of COVID-19 on Sunday, with one million new cases over the past week alone. The country is averaging 150,000 new cases a day and will probably reach 250,000 total deaths sometime this week.

Daily case reports are rising in 48 states, including Nevada, and Humboldt County is seeing its highest numbers since the pandemic began. Humboldt has recorded 64 new cases of the virus in the first two weeks of November. The entire month of October (the county's previous highest month) saw 49 total cases.

Even amid such dismal numbers, Humboldt County Health Officer Charles Stringham, MD, said there are some bright spots in the fight against COVID-19.

The doctor said many families and loved ones are voluntarily quarantining even before their "close contact" is confirmed for the virus.

"Their voluntary separation from the community prior to being asked has probably spared us dozens if not hundreds of new cases," he said.

Dr. Stringham said each person's compliance is what makes the difference. "We aren't asking anyone to do anything Herculean," he said. "We are simply asking each person to do those small and simple things that will help prevent the virus's spread."

He added, "No matter how seemingly small, every person's contributions are truly significant in this fight."

To prevent the spread of COVID-19 in Humboldt County:

- Stay home to limit exposure, and wear a facial covering if going out in public is necessary.
- Maintain 6 feet of distance from other people at all times.

- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid visiting sick people or those who are self-isolating.
- Avoid touching eyes, nose, and mouth.
- Cover coughs and sneezes with a tissue, and throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Self-isolate if they have had a known exposure, or if they are awaiting COVID-19 test results.
- Stay informed. The COVID-19 situation is changing frequently. Up-to-date information is available on the Centers for Disease Control and Prevention (CDC) [website](#).

The Humboldt General Hospital Screening Clinic has moved to the HGH West Campus, located at 51 E. Haskell Street. From 8 a.m. to 5 p.m. Monday through Friday, the clinic offers drive-thru screening for asymptomatic and symptomatic persons. Those who are experiencing severe COVID-like symptoms should go directly to the HGH Emergency Department.

The Office of the Humboldt County Community Health Nurse also is offering testing to asymptomatic persons with no known exposure. For more information or to make an appointment, residents may call the clinic at (775) 623-6575.

Free cloth masks are available to community members at the Olsen's and Ridley's pharmacies, courtesy of the Mucca Mask Makers, or by messaging the group on Facebook @Mucca Mask Makers.

Local COVID-19 information is available in Spanish @CovidEspanol. Humboldt County COVID-19 updates and information are available in English at @HumboldtCountyNV and @StopHumboldtCoronavirus.

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