

Humboldt County Health Board



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FOR IMMEDIATE RELEASE

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HUMBOLDT COUNTY REPORTS 427 TOTAL CONFIRMATIONS, 148 ACTIVE CASES

WINNEMUCCA, Nev.— Humboldt County has been notified of 18 more positive cases of coronavirus disease 2019 (COVID-19), raising the county’s total to 427.

The Fort McDermitt Paiute Shoshone Tribe is reporting 143 positive cases. In all, Fort McDermitt has completed 2,260 tests, 134 people have recovered, one person has died, and the tribe has eight active cases.

Based on available information, close contacts of the newest Humboldt County cases are being identified or have been notified and are following self-isolation procedures to prevent community spread of the virus.

Brief summary information of Humboldt County’s latest cases follows:

Case #	Gender	Age Range	Contact	Status
427	Woman	50s	Unknown exposure	Self-isolating
426	Woman	40s	Unknown exposure	Self-isolating
425	Woman	40s	Unknown exposure	Self-isolating
424	Woman	30s	Unknown exposure	Self-isolating
423	Woman	30s	Unknown exposure	Self-isolating
422	Woman	40s	Unknown exposure	Self-isolating
421	Woman	40s	Unknown exposure	Self-isolating
420	Woman	20s	Exposed to positive case	Self-isolating
419	Woman	50s	Unknown exposure	Self-isolating
418	Man	20s	Exposed to positive case	Self-isolating
417	Man	30s	Unknown exposure	Self-isolating
416	Man	20s	Exposed to positive case	Self-isolating
415	Woman	50s	Exposed to positive case	Self-isolating
414	Man	30s	Exposed to positive case	Self-isolating
413	Man	50s	Unknown exposure	Self-isolating
412	Woman	20s	Unknown exposure	Self-isolating
411	Woman	40s	Unknown exposure	Self-isolating
410	Man	30s	Unknown exposure	Self-isolating

Of the previous 409 cases, 273 have recovered, 124 are self-isolating, six are hospitalized, and six have died; Humboldt County has 148 active cases.

Humboldt County Health Officer Charles Stringham, MD, continues to emphasize testing for anyone who is experiencing COVID-like symptoms or who has had a known exposure.

“The sooner we get positive cases into respiratory isolation, and identify others who may have been exposed, the more successful we will be at containing this virus,” he said.

Dr. Stringham said “exposure” is defined as spending 15 minutes or more within 6 feet of someone with an active COVID-19 infection, regardless of whether you or the other individual wore a face covering during the encounter.

Community members should schedule their testing appointments at least three days after being exposed to the virus. Testing prior to this time period may result in false negative results.

Humboldt County will continue to require that those who have had a known exposure and who are not experiencing symptoms must quarantine for 14 days regardless of a negative test result. The Centers for Disease Control and Prevention recently recommended quarantine be lowered to 10 days without testing and seven days with testing.

“However, the shortened timeframe is inadvisable for Humboldt County right now given our current uptick in cases,” said Dr. Stringham, “so we will remain at 14 days.”

COVID positive patients who are symptomatic should isolate for 10 days starting the day of testing. Following the 10 days, they may discontinue isolation if at least 24 hours have passed since the last fever without the use of fever-reducing medications, and symptoms (e.g., cough, shortness of breath) have improved.

COVID positive patients who are asymptomatic may discontinue isolation 10 days after being tested, as long as they continue to have no symptoms.

Dr. Stringham said patients with weakened immune systems may need to remain in isolation for more than 10 days. “Immunocompromised patients should speak with their healthcare providers before discontinuing respiratory isolation.”

To prevent the spread of COVID-19 in Humboldt County:

- Stay home to limit exposure, and wear a facial covering if going out in public is necessary.
- Maintain 6 feet of distance from other people at all times.
- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid visiting sick people or those who are self-isolating.
- Avoid touching eyes, nose, and mouth.
- Cover coughs and sneezes with a tissue, and throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Self-isolate if they have had a known exposure, or if they are awaiting COVID-19 test results.
- Stay informed. The COVID-19 situation is changing frequently. Up-to-date information is available on

the Centers for Disease Control and Prevention (CDC) [website](#).

COVID-19 testing locations in Humboldt County include:

- **Humboldt General Hospital Screening Clinic** - Offers drive-thru screening for asymptomatic persons from 8 a.m. to 5 p.m. seven days a week (closed from noon to 1 p.m. for lunch), and by-appointment screening with a provider for symptomatic persons from 8 a.m. to 5 p.m. Monday through Friday (closed from noon to 1 p.m. for lunch; call 775-623-5222, ext. 1379 to schedule an appointment). Located at 51 E. Haskell Street, across from Humboldt General Hospital.
- **Golden Valley Medical Center** - Private clinic owned by Nevada Gold offers screening for asymptomatic and symptomatic persons. Call (775) 625-4653 for an appointment.
- **Ridley's Pharmacy** - Offers in-vehicle, self-administered asymptomatic and symptomatic testing. Go [here](#) and follow the prompts to schedule an appointment.
- **HGH Emergency Department** - Those who experience severe COVID-like symptoms should go directly to the HGH Emergency Department, which is open 24 hours a day, or call 9-1-1 for emergency assistance.

Free cloth masks are available to community members at the Olsen's and Ridley's pharmacies, courtesy of the Mucca Mask Makers, or by messaging the group on Facebook @Mucca Mask Makers.

Local COVID-19 information is available in Spanish @CovidEspanol. Humboldt County COVID-19 updates and information are available in English at @HumboldtCountyNV and @StopHumboldtCoronavirus.

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