

Humboldt County Health Board



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FOR IMMEDIATE RELEASE

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HUMBOLDT COUNTY REPORTS 499 TOTAL CONFIRMATIONS, 220 ACTIVE CASES

WINNEMUCCA, Nev. — Humboldt County has been notified of 72 more positive cases of coronavirus disease 2019 (COVID-19), raising the county’s total to 499.

The Fort McDermitt Paiute Shoshone Tribe is reporting 143 positive cases. In all, Fort McDermitt has completed 2,290 tests, 137 people have recovered, one person has died, and the tribe has six active cases.

Based on available information, close contacts of the newest Humboldt County cases are being identified or have been notified and are following self-isolation procedures to prevent community spread of the virus.

Brief summary information of Humboldt County’s latest cases follows:

Case #	Gender	Age Range	Contact	Status
499	Male	40s	Investigation in progress	Self-isolating
498	Woman	40s	Investigation in progress	Self-isolating
497	Woman	20s	Investigation in progress	Self-isolating
496	Woman	20s	Investigation in progress	Self-isolating
495	Woman	30s	Investigation in progress	Self-isolating
494	Man	30s	Investigation in progress	Self-isolating
493	Man	30s	Investigation in progress	Self-isolating
492	Man	30s	Investigation in progress	Self-isolating
491	Woman	30s	Investigation in progress	Self-isolating
490	Woman	30s	Investigation in progress	Self-isolating
489	Male	Child	Investigation in progress	Self-isolating
488	Man	50s	Investigation in progress	Self-isolating
487	Female	Teen	Investigation in progress	Self-isolating
486	Man	30s	Investigation in progress	Self-isolating
485	Woman	40s	Investigation in progress	Self-isolating
484	Woman	40s	Investigation in progress	Self-isolating
483	Man	40s	Investigation in progress	Self-isolating
482	Woman	30s	Investigation in progress	Self-isolating

Case #	Gender	Age Range	Contact	Status
481	Male	Teen	Investigation in progress	Self-isolating
480	Man	60s	Investigation in progress	Self-isolating
479	Female	Child	Investigation in progress	Self-isolating
478	Female	Child	Investigation in progress	Self-isolating
477	Woman	30s	Investigation in progress	Self-isolating
476	Male	Teen	Investigation in progress	Self-isolating
475	Man	60s	Investigation in progress	Self-isolating
474	Man	30s	Investigation in progress	Self-isolating
473	Man	70s	Investigation in progress	Self-isolating
472	Woman	30s	Investigation in progress	Self-isolating
471	Female	Child	Investigation in progress	Self-isolating
470	Male	Child	Investigation in progress	Self-isolating
469	Man	60s	Investigation in progress	Self-isolating
468	Woman	40s	Investigation in progress	Self-isolating
467	Female	Child	Investigation in progress	Self-isolating
466	Male	Teen	Investigation in progress	Self-isolating
465	Female	Child	Investigation in progress	Self-isolating
464	Man	40s	Investigation in progress	Self-isolating
463	Woman	80s	Investigation in progress	Self-isolating
462	Man	60s	Investigation in progress	Self-isolating
461	Woman	80s	Investigation in progress	Self-isolating
460	Male	Teen	Investigation in progress	Self-isolating
459	Woman	30s	Investigation in progress	Self-isolating
458	Man	40s	Investigation in progress	Self-isolating
457	Man	60s	Investigation in progress	Self-isolating
456	Woman	40s	Investigation in progress	Self-isolating
455	Man	20s	Investigation in progress	Self-isolating
454	Man	40s	Investigation in progress	Self-isolating
453	Woman	60s	Investigation in progress	Self-isolating
452	Woman	70s	Investigation in progress	Self-isolating
451	Man	50s	Investigation in progress	Self-isolating
450	Woman	50s	Investigation in progress	Self-isolating
449	Woman	60s	Investigation in progress	Self-isolating
448	Female	Child	Investigation in progress	Self-isolating
447	Man	20s	Investigation in progress	Self-isolating
446	Man	20s	Investigation in progress	Self-isolating
445	Man	20s	Investigation in progress	Self-isolating
444	Woman	30s	Investigation in progress	Self-isolating
443	Man	30s	Investigation in progress	Self-isolating
442	Woman	50s	Investigation in progress	Self-isolating
441	Male	Teen	Investigation in progress	Self-isolating
440	Man	50s	Investigation in progress	Self-isolating
439	Woman	20s	Investigation in progress	Self-isolating
438	Woman	30s	Investigation in progress	Self-isolating
437	Woman	40s	Investigation in progress	Self-isolating

Case #	Gender	Age Range	Contact	Status
436	Woman	30s	Investigation in progress	Self-isolating
435	Man	40s	Investigation in progress	Self-isolating
434	Male	Child	Investigation in progress	Self-isolating
433	Man	60s	Investigation in progress	Self-isolating
432	Male	Child	Investigation in progress	Self-isolating
431	Female	Teen	Investigation in progress	Self-isolating
430	Man	30s	Investigation in progress	Self-isolating
429	Male	Teen	Investigation in progress	Self-isolating
428	Male	Child	Investigation in progress	Self-isolating

Of the previous 427 cases, 273 have recovered, 142 are self-isolating, six are hospitalized, and six have died; Humboldt County has 220 active cases.

As cases, hospitalizations, and deaths continue to increase across the United States, Humboldt County Health Officer Charles Stringham, MD, says the safest way to celebrate the winter holidays is to celebrate at home with the people you live with.

“I know the COVID-19 pandemic has been stressful and isolating for many people, and we very much want to reconnect with family and friends,” said Dr. Stringham. “But please consider how your holiday plans can be modified to reduce the spread of COVID-19.”

Dr. Stringham suggested that families celebrate virtually with extended family members and friends. He also suggested that outdoor gatherings pose much less risk than indoor gatherings, where poor ventilation may be a problem.

Above all, any holiday gathering should allow attendees to stay 6 feet (2 arm lengths) apart, wear masks, wash hands and follow any guidance or rules from the State of Nevada.

“Be aware of the habits of your extended family and friends,” said Dr. Stringham. “If they consistently do not adhere to social distancing, mask wearing, hand washing and other prevention behaviors, then their presence is going to provide substantially more risk than those who consistently practice these safety measures.”

Of course, the doctor reminded that anyone who has been diagnosed with COVID-19 and has not met the criteria to be around others, who has COVID-like symptoms, who is waiting for COVID-19 test results, who may have been exposed to someone with COVID-19 in the last 14 days, or who is at increased risk of severe illness from COVID-19 should avoid any kind of in-person gathering.

“We need to try to stop this exponential increase in cases,” said Dr. Stringham, “so I am asking you to do everything you can to prevent further infection. That, truly, is the best gift you can give yourself, your family and your community at this time.”

To prevent the spread of COVID-19 in Humboldt County:

- Stay home to limit exposure, and wear a facial covering if going out in public is necessary.
- Maintain 6 feet of distance from other people at all times.
- Wash hands often with soap and water for at least 20 seconds. If soap and water are not available,

use an alcohol-based hand sanitizer.

- Avoid visiting sick people or those who are self-isolating.
- Avoid touching eyes, nose, and mouth.
- Cover coughs and sneezes with a tissue, and throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Self-isolate if they have had a known exposure, or if they are awaiting COVID-19 test results.
- Stay informed. The COVID-19 situation is changing frequently. Up-to-date information is available on the Centers for Disease Control and Prevention (CDC) [website](#).

COVID-19 testing locations in Humboldt County include:

- **Humboldt General Hospital Screening Clinic** - Offers drive-thru screening for asymptomatic persons from 8 a.m. to 5 p.m. seven days a week (closed from noon to 1 p.m. for lunch), and by-appointment screening with a provider for symptomatic persons from 8 a.m. to 5 p.m. Monday through Friday (closed from noon to 1 p.m. for lunch; call 775-623-5222, ext. 1379 to schedule an appointment). Located at 51 E. Haskell Street, across from Humboldt General Hospital.
- **Golden Valley Medical Center** - Private clinic owned by Nevada Gold offers screening for asymptomatic and symptomatic persons. Call (775) 625-4653 for an appointment.
- **Ridley's Pharmacy** - Offers in-vehicle, self-administered asymptomatic and symptomatic testing. Go [here](#) and follow the prompts to schedule an appointment.
- **HGH Emergency Department** - Those who experience severe COVID-like symptoms should go directly to the HGH Emergency Department, which is open 24 hours a day, or call 9-1-1 for emergency assistance.

Free cloth masks are available to community members at the Olsen's and Ridley's pharmacies, courtesy of the Mucca Mask Makers, or by messaging the group on Facebook [@Mucca Mask Makers](#).

Local COVID-19 information is available in Spanish [@CovidEspanol](#). Humboldt County COVID-19 updates and information are available in English at [@HumboldtCountyNV](#) and [@StopHumboldtCoronavirus](#).

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